

**William F. Sima, M.D., Inc.~Orthopaedic Surgeon**  
**Jennifer Costanzo, P.A.**

322 Posada Lane, Suite A ~ Templeton, Ca 93465  
Phone: 805.434.5555 ~ Fax: 805.434.5502

Welcome,

Thank you for scheduling an appointment with my office. I look forward to evaluating your orthopaedic condition.

As a new patient I need your assistance with the information that will be used to establish your account and medical chart. Attached is paperwork for you to complete PRIOR to your appointment. If a question does not apply to you, write N/A (not applicable) in the appropriate space.

**TO AVOID RESCHEDULING PLEASE BRING THE FOLLOWING ITEMS FOR YOUR INITIAL APPOINTMENT:**

- PLEASE ARRIVE 15 MINUTES PRIOR TO YOUR SCHEDULED APPOINTMENT
- ALL COMPLETED FORMS SENT TO YOU FROM OUR OFFICE
- CURRENT INSURANCE CARD(S)
- PICTURE ID

**MEDICATION REFILL POLICY:** I am often out of the office due to my surgical schedule. Please allow 72 hours for refill requests to be processed. If you need a refill on an existing prescription, please call your pharmacy and they will fax a request to our office.

I appreciate your effort and assistance.

Sincerely,

William F. Sima, M.D.

**William F. Sima, M.D.** Orthopaedic Surgeon

322 Posada Lane, Ste A  
Templeton, CA 93465-4003  
(805)434-5555

|  |   |                   |  |                   |
|--|---|-------------------|--|-------------------|
| <b>PATIENT INFORMATION (REQUIRED)</b>  |   |                   |  |                   |
| NAME (LAST, FIRST)   |   |                   |  |                   |
| <b>PHYSICAL ADDRESS</b> (ADDR WHERE YOU CURRENTLY RESIDE)                              |   | CITY, STATE, ZIP  |  |                   |
| <b>MAILING ADDRESS</b> (ADDR WHERE YOU RECEIVE YOUR MAIL)                              |   | CITY, STATE - ZIP |  |                   |
| HOME   | WORK  | CELL              | EMAIL(Responsible Party)<br>(I do not wish to receive updates: _____ ) |                   |
| SSN  | DOB   | SEX<br><b>M F</b> | Marital Status<br><b>S M D W</b>                                       |                   |
| EMPLOYMENT STATUS (CIRCLE ONE)<br>F/T P/T Retired Disabled Other                       | EMPLOYER NAME <b>OR</b> SCHOOL (IF STUDENT) |                   | OCCUPATION   |                   |
| PRE RETIREMENT EMPLOYER/OCCUPATION   | PRIMARY MD                                  | REFERRING MD      |  |                   |
| <b>FINANCIALLY RESPONSIBLE PARTY INFORMATION (PERSON "LEGALLY" RESPONSIBLE TO PAY)</b> |   |                   |  |                   |
| NAME   | RELATIONSHIP TO PATIENT                     | SSN               | DOB  |                   |
| MAILING ADDRESS  |   | CITY, STATE - ZIP |  |                   |
| HOME   | WORK  | CELL              |  |                   |
| <b>PRIMARY INSURANCE (REQUIRED)</b>  |   |                   |  |                   |
| NAME OF INSURANCE COMPANY  | INSURED'S EMPLOYER                          | OCCUPATION        |  |                   |
| NAME OF INSURED  | RELATIONSHIP TO PATIENT                     | SSN               | DOB  | SEX<br><b>M F</b> |
| ADDRESS OF INSURED   | CITY  | STATE             | ZIP  |                   |
| <b>SECONDARY INSURANCE (IF APPLICABLE)</b>   |   |                   |  |                   |
| NAME OF INSURANCE COMPANY  | INSURED'S EMPLOYER                          | OCCUPATION        |  |                   |
| NAME OF INSURED  | RELATIONSHIP TO PATIENT                     | SSN               | DOB  | SEX<br><b>M F</b> |
| <b>EMERGENCY CONTACT</b>   |   |                   |  |                   |
| NAME   | PHONE #                                     | RELATIONSHIP      |  |                   |

- I am responsible for payment due at time of service (ie: co-pay, co-ins, ded, non-covered/denied services, and/or cash pay)
- 1.5% per month (18% per yr) interest charge and/or late fee may be added to unpaid balances over 30 days.
- \$25.00 non-sufficient funds (NSF) fee will be charged for all returned checks.
- \$50.00 may be charged for appointments cancelled or missed without 24 hours notice.
- \$15.00 **minimum** charge may be charged for completion of forms.
- \$15.00 may be charged for providing inaccurate, outdated, and/or incomplete insurance information that result in additional billing.
- There may be a charge for copying medical records.
- I authorize payment of medical benefits to William F. Sima, MD for services provided.

\_\_\_\_\_  
Patient/Responsible Party Signature

\_\_\_\_\_  
Date

WILLIAM F. SIMA , MD, INC.  
322 POSADA LANE, STE. A  
TEMPLETON, CA 93465  
805-434-5555

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Dr. Sima is **required by federal regulations to request the following demographic information:**

**ETHNICITY:** (PICK ONLY ONE)

**RACE:** (PICK ONLY ONE)

\_\_\_ Hispanic or Latino

\_\_\_ American Indian or Alaska Native

\_\_\_ Not Hispanic or Latino

\_\_\_ Asian

\_\_\_ Indian

\_\_\_ Cambodian

\_\_\_ Chinese

\_\_\_ Japanese

\_\_\_ Korean

\_\_\_ Laotian

\_\_\_ Vietnamese

\_\_\_ Black or African American

\_\_\_ Native Hawaiian/Other Pacific Islander

\_\_\_ Filipino

\_\_\_ Guamanian

\_\_\_ Samoan

\_\_\_ White

\_\_\_ Other Race

\_\_\_ Unknown

\_\_\_ Unknown

\_\_\_ Unreported/Refused

\_\_\_ Unreported/Refused

**PREFERRED LANGUAGE:** \_\_\_ English \_\_\_ Spanish \_\_\_ Other: \_\_\_\_\_

# William F. Sima, M.D.

## Medicare Coverage Information

**DO YOU HAVE MEDICARE COVERAGE?**    Yes    No   If "NO" & 65 or over, please

explain why you do not have Medicare: \_\_\_\_\_  
(FAILURE TO DISCLOSE ALL INSURANCE PLANS CAN CAUSE DENIAL/DELAY OF CLAIM PAYMENT!)

**This form must be completed by patients with  
Medicare coverage (primary or secondary)**

Medicare requires that providers determine whether Medicare is the primary or secondary payer for each claim for a Medicare beneficiary. The MSP form is used as a guide during the registration process to help identify other payers which may be primary to Medicare.

❖ Is the illness/injury due to an automobile accident, liability accident or Workman's Compensation?  
 Yes    No

If yes, please provide the following information:

Date of accident; \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Nature of accident:    Auto    Workers Compensation    Liability

Claims address (Auto/Work Comp/Liability): \_\_\_\_\_

Claim Number: \_\_\_\_\_

❖ If under age 65, is your Medicare coverage due to disability?  Yes    No

Are you covered by a large Employer Group Health Plan based on your current employer or your spouse's current employer (20 or more employees)?    Yes    No  
(if yes, Medicare is secondary and primary information must be obtained)

❖ If 65 and over, are you covered by Employer Group Health Plan based on your own or spouse's current employer?    Yes    No  
(if yes, Medicare is secondary and primary information must be obtained)

### **SIGNATURE SECTION**

Patient Name: \_\_\_\_\_

Signature (Patient/Responsible Party): \_\_\_\_\_ Date: \_\_\_\_\_

Name of Responsible party: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

**William F. Sima, M.D., Inc.**  
*Orthopaedic Surgery, Sports Medicine and Joint Replacement*

**ORIGIN of PAIN**

(This information is required by all insurance companies)

Under the provisions of the contract with your private insurance for you and your dependent (s), liability may be an exclusion of your policy. So that your private insurance company can determine if they are correct in accepting liability for the services provided for this problem/injury, they will need the following information:

**BODY PART FOR THIS VISIT:** \_\_\_\_\_ (Right or Left)

1. **Is your pain/concern due to:** (Circle one of the below)

**A. Gradual onset = skip to #'s 3& 4**

**B. Accidental injury =complete #'s 2, 3, & 4**

2. **Briefly describe the onset of your current symptoms:** \_\_\_\_\_

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3. **Where did injury/accident occur:**    **Work**    **Home**    **Auto**    **Other:** \_\_\_\_\_

4. **Date symptoms started:** \_\_\_\_\_

5. **Do you think your problem is related to work?**    **YES**    or    **NO** (IF YES, ANSWER #5)

6. **Have you filed a workers' comp claim with your employer?**    **YES**    or    **NO**

**If "yes"**

**A. Have you notified our office?**    **YES**    or    **NO**

a. If "NO", **immediately** call our office at **434-5555**.

b. If "YES", bring a copy of your claim form to your appointment.

**B. Has your claim been denied or put in delay?**    **YES**    or    **NO**

a. If "YES", bring a copy of your denial/delay letter to your appointment.

**I CERTIFY THE ABOVE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE.**

Patient Name: \_\_\_\_\_

Signature (Patient/Responsible Party): \_\_\_\_\_ Date: \_\_\_\_\_

Name of Responsible Party: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

**MEDICAL HISTORY**

**Name:** \_\_\_\_\_

**Previous Tests and Treatments**

Check here if none

- |  |  |   |                                    |
|--|--|---|------------------------------------|
| <input type="checkbox"/> Physical Therapy  | <input type="checkbox"/> Made it worse | <input type="checkbox"/> Made it better | <input type="checkbox"/> No effect |
| <input type="checkbox"/> Anti-inflammatories   | <input type="checkbox"/> Made it worse | <input type="checkbox"/> Made it better | <input type="checkbox"/> No effect |
| <input type="checkbox"/> Narcotic medication   | <input type="checkbox"/> Made it worse | <input type="checkbox"/> Made it better | <input type="checkbox"/> No effect |
| <input type="checkbox"/> Chiropractic/Manipulation                                       | <input type="checkbox"/> Made it worse | <input type="checkbox"/> Made it better | <input type="checkbox"/> No effect |
| <input type="checkbox"/> Epidural steroid injection                                      | <input type="checkbox"/> Made it worse | <input type="checkbox"/> Made it better | <input type="checkbox"/> No effect |
| <input type="checkbox"/> Steroid injection   | <input type="checkbox"/> Made it worse | <input type="checkbox"/> Made it better | <input type="checkbox"/> No effect |
| <input type="checkbox"/> X-rays <input type="checkbox"/> CT <input type="checkbox"/> MRI |  |   |                                    |

**Please describe your current problem** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Current Medication(s):**

Check here if none

**Preferred Pharmacy:** \_\_\_\_\_

| Name of Medication | Dose  | Duration |
|--------------------|-------|----------|
| _____              | _____ | _____    |
| _____              | _____ | _____    |
| _____              | _____ | _____    |
| _____              | _____ | _____    |
| _____              | _____ | _____    |

**Do you have any ALLERGIES?**     Yes     No

- |          |                 |
|----------|-----------------|
| 1. _____ | Reaction: _____ |
| 2. _____ | Reaction: _____ |
| 3. _____ | Reaction: _____ |

**Social History (circle all that apply to you)**

- Drink alcohol?**     Never     Social     Mild     Moderate     Heavy
- Employment?**     Work in the home     Employed Full Time ~ Occupation \_\_\_\_\_  
 Student     Retired     Employed Part Time ~ Occupation \_\_\_\_\_
- Disabled?**     Permanent     Temporary ~ Reason for Disability \_\_\_\_\_
- Exercise?**     Never     Rarely     Weekly     Daily    What type? \_\_\_\_\_
- History of substance abuse or IV drug use?**     No     Yes    What? \_\_\_\_\_    How Long? \_\_\_\_\_
- Marital Status?**     Single     Married     Divorced     Separated     Widowed     Live alone     Life Partner
- Children?**     No     Yes # \_\_\_\_\_
- Smoking?**     No     Yes \_\_\_\_\_ Packs per day for \_\_\_\_\_ years.  
     Quit smoking?     No     Yes    When? \_\_\_\_\_    Previously smoked \_\_\_\_\_ packs per day for \_\_\_\_\_ years  
     Chew tobacco?     No     Yes    How much? \_\_\_\_\_

## Family History

Do any of your grandparents, parents, siblings or children have the following diseases?

|                                 | Relationship   |                      | Relationship   |
|---------------------------------|--|----------------------|--|
| Adopted, unknown family history | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Kidney disease       | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Anemia                          | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Leukemia             | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Arthritis                       | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Liver problems       | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Asthma                          | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Lung problems        | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Autoimmune disorder             | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Neurological disease | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Back/Neck problems              | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Osteoporosis         | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Bleeding disorder               | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Ovarian cancer       | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Cancer type: _____              | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Psychiatric illness  | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Cardiovascular                  | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Rheumatoid arthritis | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Deep Venous Thrombosis          | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Scoliosis            | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Depression                      | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Seizures             | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Diabetes                        | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Sickle cell disease  | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Heart problems                  | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Stomach problems     | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Hemophilia                      | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Stroke               | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Hepatitis type: _____           | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Thyroid disease      | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |
| Hypertension                    | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ | Tuberculosis         | <input type="checkbox"/> Yes <input type="checkbox"/> No _____ |

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## Past Medical History (circle all that apply to you)

CHECK HERE IF NONE APPLY

- Dermatologic:** lupus / melanoma / skin cancer
- Immunologic:** HIV/AIDS / tuberculosis
- Neurological:** epilepsy / seizure disorders / stroke
- Renal / Urinary:** hematuria / kidney problems / incontinence
- Endocrine:** diabetes / thyroid disorder
- Head and Neck:** Dentures / migraines / glaucoma
- Genetic Background:** Charcot-Marie-Tooth disease / congenital heart defect / hemophilia / sickle cell
- Childhood Illnesses:** chickenpox / polio / asthma
- Female Reproductive:** cancer / tumors
- Male Reproductive:** BPH / prostate conditions
- Gastrointestinal:** Crohn's disease / gastritis / GI bleed / irritable bowel syndrome / stomach or bowel problems / ulcer
- Respiratory:** asthma / bronchitis / emphysema / pulmonary embolism / shortness of breath / tuberculosis
- Musculoskeletal:** ankylosing spondylarthritis / arthritis conditions / carpal tunnel syndrome / fibromyalgia / osteoporosis / polio
- Cardiovascular:** aortic aneurysm / cardiac catheterization / cardiac disease / congestive heart failure / deep vein thrombosis / edema / heart valve conditions / myocardial infarction / stroke / hypertension
- Hematologic/lymphatic:** anemia / bleeding tendencies / hemophilia / hepatitis
- Psychiatric:** alcoholism / anxiety disorder / depression
-

**Review of Systems (circle all that apply to you)**

**CHECK HERE IF NONE APPLY**

- Allergic/ Immunologic:** Seasonal Allergies
- Cardiovascular:** Chest pressure / cardiovascular problems or chest symptoms / Chest pain / Elevated blood pressure / Edema / Foot swelling / Heart attack / Heart palpitations / Irregular heartbeat / Pacemaker
- Constitutional Symptoms:** Chills / Fever / Headache / Nausea / Dizziness / Fever, chills / night sweats / Sleep problems / Weight gain or loss / Weight loss, intentional / Weight loss, unintentional
- Ears, Nose, Mouth, Throat:** Difficulty with hearing / Cough / Difficulty with swallowing / Ear pain / Gum problems / Hoarseness / Sinus problems / Loss of hearing / Nose bleeds
- Endocrine:** Change in thirst or appetite / Dry hair / Dry skin / Unusual fatigue / Wt change / Thyroid disease
- Eyes:** Contact lenses / Eye or vision problems / Glasses / Loss of vision / Recent change in vision
- Gastrointestinal:** Blood in stool / Constipation / Diarrhea / Hemorrhoids / Nausea / Stomach problems / Vomiting /Ulcers
- Genitourinary:** Blood in urine / Difficulty emptying / Inability to empty bladder / Painful urination / Urinating frequently at night / urine retention / Stress incontinence / Urinary incontinence / Difficulty in starting / Incontinence
- Hematologic/ Lymphatic:** Anemia / Ankle edema, swelling / Bleeding problems / Bruise easily / Recent night sweats / Sweats
- Integumentary:** Dry, Scaly skin / Itchiness, pruritis / Non healing wound / Rash
- Musculoskeletal:** Back pain / Decreased ROM / Difficulty getting out of a chair / Episodic weakness / Joint pain /Leg cramps / Leg pain / Neck pain / Weakness
- Neurological:** Black outs / Balance problems / Difficulty walking / Dizziness / Headaches / Migraines / Paralysis/ Seizures / Numbness / Trouble balancing / Paresis (muscle weakness) / Uncontrolled movements / Weakness / Stroke
- Psychiatric:** Anxious feeling / Binging and purging / Claustrophobia / depression / Generally satisfied with life / Paranoia / Psychiatric care / Nervous exhaustion / OCD
- Respiratory:** Asthma / Breathing difficulties / Chest pain with inspiration / Shortness of breath / Sleep apnea / Coughing up excess sputum

**All Previous Surgeries**

**CHECK HERE IF NO HISTORY OF PRIOR SURGERY**

- |                         |                         |
|-------------------------|-------------------------|
| 1.Date _____ Type _____ | 4.Date _____ Type _____ |
| 2.Date _____ Type _____ | 5.Date _____ Type _____ |
| 3.Date _____ Type _____ | 6.Date _____ Type _____ |

Did you have any complications with your surgeries or anesthesia?  No  Yes

Explain if yes \_\_\_\_\_



# Hip Evaluation

William F. Sima, M.D.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

What hip are you here for?  Right  Left **Are you having:**  Snapping  Popping  
 Clicking

Your first symptoms began:  Suddenly  Gradually **As a result of:**  A fall  Work injury  
 Misstep  Tripping  
 MVA  Sports injury

In detail please explain how you injured yourself \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What date did this begin? \_\_\_\_\_

**Previous Treatment:**  I have not received any treatment for this condition

I was evaluated by \_\_\_\_\_ at:

Twin Cities Hospital  French Hospital  
 Sierra Vista Hospital  Urgent Care  Other \_\_\_\_\_

**Referring physician:** \_\_\_\_\_

X-rays – Where: \_\_\_\_\_  
 MRI – Where: \_\_\_\_\_  
 Brace  
 Physical Therapy - Where: \_\_\_\_\_  
 Cortisone Injection  
 Surgery - With: \_\_\_\_\_

**Current Symptoms:**  Feeling great  Somewhat better  Worse  
 Much better  Same as it was

**Quality of Pain:**  No pain  Pressure  Achy  Sharp  Burning  Stiffness  Dull  Throbbing  Gnawing  Tightness  Tired feeling

**Pain Radiates:**  Into the groin  To the thigh  Down the leg  Down the leg to the foot

**Pain Worse With:**  Bending  Putting on socks & shoes  Squatting  
 Driving  Running  Stairs  
 Exercise  Shopping  Standing  
 Getting in & out of chair  Sitting  Walking  
 Kneeling  Sitting Indian style  Weight bearing  
 Pivoting  Sleeping  Other: \_\_\_\_\_  
 Prolonged sitting

**Other Symptoms:**  Intermittent locking  
 Cracking  
 Popping  
 Catching  
 Clicking  
 Tightness

**Walking Ability:**  Very limited  
 Limited to a few stairs  
 1-5 blocks  
 5-10 blocks  
 More than 10 blocks  
 Not limited

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Sports Limitations:**

- Has no limitations
- Participates with difficulty in:  
\_\_\_\_\_
- Unable to participate in:  
\_\_\_\_\_

**Walking Aids:**

- Cane
- Crutches
- Walker
- Shopping cart
- Brace
- Shoe inserts
- Boots
- Brace for sports
- Orthotics

**Medications for pain:**

- Not required
- Used occasionally
- Required daily

**Medications you have tried:**

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Aleve            | <input type="checkbox"/> Percocet     |
| <input type="checkbox"/> Advil/Vicodin    | <input type="checkbox"/> Naprosyn     |
| <input type="checkbox"/> Motrin/Ibuprofen | <input type="checkbox"/> Lodine       |
| <input type="checkbox"/> Tylenol          | <input type="checkbox"/> Excedrin     |
| <input type="checkbox"/> Celebrex         | <input type="checkbox"/> Gluc/Cond    |
| <input type="checkbox"/> Mobic            | <input type="checkbox"/> Arthrotec    |
| <input type="checkbox"/> Vioxx            | <input type="checkbox"/> Vicodin      |
| <input type="checkbox"/> Darvocet         | <input type="checkbox"/> Other: _____ |

**Work Status:**

- Full duty
- Light Duty
- Missed work since \_\_\_\_\_
- Out of work
  - Since \_\_\_\_\_
  - Since injury on \_\_\_\_\_
  - Since surgery on \_\_\_\_\_
- Unemployed
- Laid-off
- Retired
- Disabled
- Homemaker
- Student